

CAST-L3 Candidate Project Self-Review

Use this form to review your learning from the research and presentation aspect of your CAST-L3 project. You should use the feedback you have received to inform this process. You may also have gained new understanding from the presentations of your peers which you can reflect upon here.

You can use this Project Self-Review as evidence for criteria, in particular Unit 2, 7.2

Learning outcome 1 – How have you increased your understanding of ethical, legal and professional frameworks for working in allied professions?

Learning outcome 2 – How has your understanding of the nature of relationships in allied professions grown as a result of this project?

Learning outcome 3 – What new understanding have you gained about working empathically with diversity in allied professions?

Learning outcome 4 – What do you now understand about the way working alliances are formed in allied professions?

Learning outcome 5 – What are your personal and professional aspirations and have these changed as a result of this project? What qualities and attributes do you bring to this work?

Learning outcome 6 – How has your understanding of helping approaches and frameworks improved?

Learning outcome 7 – What is the importance of gaining feedback, support, and using self-reflection when working in helping roles in allied professions?